

Commitment of Prayer - St Walter Church 2021

“Keeping Hope Alive”

As the Lord sacrificed Himself for our sake with a grateful heart I increase my devotions this Lenten Season and commit myself to one or two of the following:

- ___ Spend 10 minutes a day in prayer or silence.
- ___ Lead my family in daily prayer (e.g., Grace before meals, bedtime prayer, morning prayer)
- ___ Host a Watch Party on Social Media of one of the Parish Weekly Lenten Opportunities.
- ___ Perform an Act of Kindness every day
- ___ Read and meditate on one of the 14 Stations every night
- ___ Read the Sunday Scriptures in advance (<https://bible.usccb.org/daily-bible-reading>)
- ___ Intentionally pray for the St. Walter prayer intentions (www.stwalterchurch.com/lent)
- ___ Offer up my sins through Reconciliation (Confession) (Register to attend on parish website)
- ___ Participate in Eucharistic Adoration (see parish website for time/registration)
- ___ Attend (live or virtual) Friday Stations of the Cross (see parish website for time/registration)
- ___ Download and use spiritual app (e.g. YouVersion Bible, Hallow, Lectio 365)
- ___ Register to participate in a Lenten Devotion through St. Walter Parish, Dynamic Catholic, Bishop Bab Barron or Father Mike Schmidt (see links on parish website).
- ___ My own personal devotion: _____

Name/Initials

